



We are seeking help for Preventing Alzheimer's with Cognitive Training.

Every day, our dedicated team of researchers is working to find ways to prevent dementia, such as Alzheimer's disease. We can't do it alone. If you're aged 65 and older, please volunteer for the PACT (Preventing Alzheimer's with Cognitive Training) research study to see if computerized training exercises can reduce the risk of dementia.

Can You Help?

You may qualify if you:

- Are 65 years of age or older
- Do not have any neurological disorders
- Have not had a stroke or brain injury
- Do not have mild cognitive impairment or dementia such as Alzheimer's disease

Potential Benefits of Computerized Training Exercises

Our research has shown that brain games may:

- Protect against dementia such as Alzheimer's disease
- Enhance mental quickness and visual attention
- Improve gait speed and balance
- Improve driving safety
- Maintain health and well-being
- Allow you to perform everyday tasks more efficiently
- Protect against depression

Your Commitment

If you qualify, study participation takes about three years and includes 3 study visits of up to 2 hours each. You will also complete 45 one-hour computer training sessions on your own, in your own home.

Call Now to Volunteer

LAKELAND
(863) 800-0835

USF ST. PETERSBURG
(727) 873-4090

USF TAMPA
(813) 974-6703